

# ***White Protection Energy Bubble***

## ***Free Self Attunement***



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Disclaimer: White Protection Energy Bubble TM is not a substitute for any health professional, mental health care and/or of the like. As with all vibrational energy work it is in conjunction with these professionals, not as a substitute – and remember to never undertake any type of work without consulting the proper professionals.

## ***White Protection Energy Bubble***

This is a very easy to use form and is a self attunement that I have placed into the etheric realms for anyone to receive whenever they wish or need to use.

The White Protection Energy Bubble is a form you can call upon at any time, day or night and is very easy to use as well.

To first be attuned to this form you can simply go into a meditative state and call upon this energy and ask to be attuned to its highest power.

Example: “I am now ready to receive the White Protection Energy Bubble attunement set by Nicole Lanning.”

This will begin you first attunement to this energy!

Once you have been attuned to this energy the first time, you can then call upon this energy at any day and time that is need by simply stating “White Protection Energy Bubble Activate” or “White Protection Energy Bubble On” etc- however you feel most comfortable working with this energy.

You can turn this on and off at any given time. No need for big long rituals or long extension meditations, as this is meant to be used for protection. Things such as psychic vampires, negative energy leaches, etc. It is a protection bubble or shield if wished to be thought of this way, and is a complete bubble to protect you in including all of your major 7 aura layers.

## ***ADDITIONAL INFORMATION***

I am offering these new forms to the world to be able to share with those who have an interest in learning as well as those who have a hard time working on channeling or are not as far along in their path. Please respect this healing system and treat it with dignity in which it is presented to the world. **YOU MAY NOT CHARGE FOR THIS SYSTEM, AS THIS IS A FREE SELF ATTUNEMENT SYSTEM!** So please respect this system and my time and work in creating this for all to share and use.

There are no prerequisites for the attunement into this system, but of course basic knowledge of energy work is beneficial.

- The White Protection Energy Bubble is a ***SELF ATTUNEMENT*** set in the etheric realms for all to receive! There is no certificate for this form.
- This manual **MAY NOT** be altered in anyway and should only be given to students of this system. ***IT MAY NOT BE SOLD AT ANY PRICE OR FOR ANY REASON, BUT ONLY TO BE GIVEN COMPLETELY FREELY FOR ALL TO USE AND SHARE!***
- All rights reserved by Nicole Lanning. This includes translations into other languages, all names and symbols, text and attunement procedures.

I hope you find that this spiritual energy gift enhances your life and spiritual path. If you have any questions, comments, feedback, etc please feel free to contact me! [Nklanning@aol.com](mailto:Nklanning@aol.com) or [HealingArtForms@aol.com](mailto:HealingArtForms@aol.com)

Many Blessings and  
Love and Light to you all!

Nicole Lanning

[www.healingartforms.com](http://www.healingartforms.com)

## **ADDITIONAL INSTRUCTIONS AND UPDATES:**

*About the White Protection Energy Bubble I wish to say that that attunement and instructions are perfect as they are. There is however an **additional use** that this energy construct can be put to. The additional use is that of assisting us in coming into alignment with our Christ Self or our Divine Self. So, once we have first downloaded the White Energy Bubble for protection, we can at that time, or at another time, whenever we feel it is appropriate, download it for this additional purpose, by stating:*

***" I am now ready to receive the White Protection Energy Bubble attunement set by Nicole Lanning, the energy bubble within which my Christ/Divine Self will incubate in order to become fully present in this reality."***

*In order to support this process of transformation, we need to take a minimum of 20 minutes a day to consciously and deliberately abandon ourselves to it. We do this within the energy bubble in a state of total relaxation. To initiate the daily session it is helpful to say something like this:*

*"I now re-activate the White Protection Energy Bubble set by Nicole Lanning and I ask my Higher Self to adjust and amplify the energies within it appropriately for the optimum incubation, development and birthing of my Christ/Divine Self into this planetary reality. For this I am deeply grateful. So be it. Amen."*

*Additional Instructions were provided/channeled by Jasmine. Her contact information, if you have any questions about the additional instructions, [immalight@hotmail.com](mailto:immalight@hotmail.com)*

We hope you all enjoy the original instructions as well as the updated ones as well!!

Many Blessings and Love and Light To You All

Nicole

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