

# ***Pure Bright Energy Empowerment FREE Self Attunement***



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Disclaimer: Pure Bright Energy Empowerment TM is not a substitute for any health professional, mental health care and/or of the like. As with all vibrational energy work it is in conjunction with these professionals, not as a substitute – and remember to never undertake any type of work without consulting the proper professionals.

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## ***PURE BRIGHT ENERGY EMPOWEMENT***

This is a simple form to use that was channeled in during a session when things here on this physical plane have been going through MAJOR energy shifts, bringing us all to levels of heightened awareness, new places and more stability.

The light of the spirit should make the mind empty, clear and bright. Energy can then circulate freely in the body creating our inner most desires.

Again this is a very simple form to use. Anyone can use this form, once attuned. Young, old, tall, short, new to energy work, not so new to energy work – literally anyone can use this form.

This manual is very short, as I do not want to over-complicate things and have everyone wanting and wondering if they are doing things right or wrong. So short, sweet and to the point!

This energy restores wholeness to body, mind and spirit, increases intuition, and helps one reconnect to their 'God-given' gifts. It is a counterclockwise spiraling energy, which works with physical, mental, emotional and spiritual levels.

It is an evolutionary process, which will increase the natural flow of events and patterns of manifestation in all life. This precise self-help technique encourages personal growth and transformation on all levels.

When an area of life is healed, the altered energy will bring change to all other areas of your life! When spiritual purification is in process, your beliefs may be shaken and challenged these will be the building blocks of your newly forming and ever-changing spiritual foundation.

You can also send this energy to others for helping them if need be and they are not sure how to receive a self-attunement or are just not sure yet.

Think about it, the more positive, higher energy level people on this planet, how can things not go in a good and positive way for everyone in their life, no matter what it is they are going through or tackling.

We can raise the vibrational level of all of us to a more positive state of mind, energy level and emotional level. This can bring so much more happiness, positivity and goodness in all of our lives.

***Why not be a part of this! Take the self attunement and let others know and see how far this new energy can reach and touch others lives for the good of all mankind.***

There are no symbols with this form, as it is the pure energy in and of itself that is called upon when needed.

The Pure Bright Energy Empowerment is a form you can call upon at any time, day or night and is very easy to use as well.

## ***SELF ATTUNEMENT PROCEDURE***

To first be attuned to this form you can simply go into a meditative state and call upon this energy and ask to be attuned to its highest power.

Example: “I am now ready to receive the Pure Bright Energy Empowerment set by Nicole Lanning.”

This will begin you first empowerment to this energy!

Once you have been attuned to this energy the first time, you can then call upon this energy at any day and time that is need by simply stating “Pure Bright Energy Activate” or “Pure Bright Energy On” etc- however you feel most comfortable working with this energy.

## ***ADDITIONAL INFORMATION***

I am offering these new forms to the world to be able to share with those who have an interest in learning as well as those who have a hard time working on channeling or are not as far along in their path. Please respect this healing system and treat it with dignity in which it is presented to the world. **YOU MAY NOT CHARGE FOR THIS SYSTEM, AS THIS IS A FREE SELF ATTUNEMENT SYSTEM!** So please respect this system and my time and work in creating this for all to share and use.

There are no prerequisites for the attunement into this system, but of course basic knowledge of energy work is beneficial.

- The Pure Bright Energy Empowerment is a ***SELF ATTUNEMENT*** set in the etheric realms for all to receive! There is no certificate for this form.
- This manual **MAY NOT** be altered in anyway and should only be given to students of this system. ***IT MAY NOT BE SOLD AT ANY PRICE OR FOR ANY REASON, BUT ONLY TO BE GIVEN COMPLETELY FREELY FOR ALL TO USE AND SHARE!***
- All rights reserved by Nicole Lanning. This includes translations into other languages, all names and symbols, text and attunement procedures.

I hope you find that this spiritual energy gift enhances your life and spiritual path. If you have any questions, comments, feedback, etc please feel free to contact me at [HealingArtForms@aol.com](mailto:HealingArtForms@aol.com)

Many Blessings and  
Love and Light to you all!

Nicole Lanning

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